



# WIND SWEEP

The Lake Manitou Area Association Newsletter

*"Let's keep our lake great"*

October 2012

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## LMAA makes donation to Manitoulin Streams

The LMAA Board of directors approved a \$5000 donation at their fall meeting to Manitoulin Streams to assist in their stream rehabilitation



LMAA Vice President Paul Moffat presents cheque to Seija Deschenes – Project Coordinator for Manitoulin Streams

projects. The LMAA has always had a strong volunteer presence on Manitoulin Stream projects and President **Mike Costigan** felt strongly that a financial contribution was warranted, seeing that Lake Manitou has been the recipient of much of its stewardship efforts. The award winning organization continues its work around Lake Manitou and we look forward to supporting their efforts in the future.

## Something New over Manitou by John Harvey

So I was eating lunch at my Lake Manitou cottage on May 18, 2012. I happened to glance up at the sky. A number of white birds were circling over head. My first thought was gulls and I was about to return to my sandwich when I realized these were not gulls, they were much larger, had bead bands along the rear of the wing and large yellow bills. They didn't fly like gulls, they all soared as they circled, and then flapped their wings together a few times before continuing to soar...a most majestic flight. There were 18 of them. We watched as the flock moved north and west, flying quite high until they passed from view over the narrows.

The next day in the Sandfield store, Bob Watson told me that a chap fishing on the lake the day before had seen a flock of strange white birds. He thought they might be snow geese but they didn't look like geese. From his designation, after looking in his bird book, Bob said that the closest he could find was the Albatross. Well of course, they were not Albatross, they were White Pelicans. These birds spend the winter fishing along the coast of Florida and the Gulf of Mexico. They migrate each spring to their nesting grounds on lakes in the northern Prairie Provinces, although there is a colony on Lake of the Woods, and a newly reported one on Lake Nipigon. Occasionally one is seen along the north shore of Manitoulin.

On a historical note, a flock spent the summer on Lake Mindemoya in the late 1940's and 4 were seen fishing at Gore Bay on May 28, 1979, but never before has a flock of 18 been seen here.

White Pelicans are really large birds with a wing span of 108 inches (nearly 3 metres) and weighing over 16 pounds. By comparison our beloved cormorants, to which they are related, have a wing span of only 52 inches and weigh in at about 3 ½ pounds.

## Information Night 2012

Another successful environmentally themed “Information Night” was held at the Sandfield School house on Tuesday August 14<sup>th</sup>. This year's topics included “**Waste Management Choices and Safe Drinking Water**”, “**Solar Energy – an Alternative**”, and the annual “**Update on Lake Manitou**”.



For the third consecutive year it was standing room only for the three guest speakers. Thanks to the hard work of LMAA's Education Committee (Mary Lohead, Pat Costigan & John Harvey) the word is obviously spreading amongst lake residents as to the pertinence and quality of the presentations offered at the annual gathering. **Dan Burns (left)** from the Sudbury and District Health Unit discussed issues, regulations, and alternatives with regard to septic and potable water systems that are available to lake residents.

LMAA member and environmental enthusiast Dave Anderson delivered an interesting slide show on solar energy systems. Using pictures

from his own projects around the island, the keenly interested audience was educated on roof top and stand alone systems that could be used to supplement rural residents on the grid or for the ambitious, ones that could take them completely off grid.

The evening ended with always anticipated update on the status of fish stocks in Lake Manitou by Paul Methner, Operations Manager of the Blue Jay Creek Fish Hatchery for the Ministry of Natural Resources.



Paul Methner updating lake residents



Dave Anderson – LMAA member

The association would like to thank Mary Lohead for her many years on involvement, particularly her tireless efforts in assisting in organizing the annual “Information Night”. Mary has decided to retire from her commitment to the Education Committee. If anyone is interested in getting involved with the annual event please contact Pat Costigan @ [patriciawilliamson39@gmail.com](mailto:patriciawilliamson39@gmail.com) or John Harvey @ [thorajohn1@rogers.com](mailto:thorajohn1@rogers.com) .

## LMAA FLAG ORDERS



A reminder to members who ordered flags that you can pick up your flag at the AGM in July 2013. If you haven't done so already, make your cheques payable to the **Lake Manitou Area Association** and send to Don Payne : 35 Christman Court, Markham, Ontario L3P 3C7

## Manitoulin Streams Projects on Lake Manitou - Summer 2012

### Lower Norton’s Creek

During the summer, work continued on Lower Norton’s Creek to establish fascines (banks) to constrict the creek in order to increase the velocity of water downstream to scour sediment and create potential spawning habitat for brook trout. Volunteers with help from the Ontario Rangers put in a total of 182 hours to complete the work.



In the end, 92 sq. metres of shoreline were protected, stabilized or improved; two artificial fascine type banks were created and 3 others were enhanced with additional top soil and native seed; 6 beaver dams were removed; 2 beaver channels were blocked off to increase



stream velocity; 6 metres of wire mesh was installed under a bridge to prevent beavers from blocking water flow. In addition, College Boreal came with 11 students and 1 professor and spent 96 hours conducting electro-fishing surveys at four (4) sites and two (2) and invertebrate surveys along Norton’s Creek in order to determine the status of the brook trout population in the creek. All information has been given to the MNR to enter into the NRVIS data layer.



Green Bay Creek- Lime Kiln Road, Green Bay



Green Bay Creek is fed by a cold water spring in the Green Bay bluff and then meanders its way down into Lake Manitou. The goal of this project is to increase the quality of the water that flows into Lake Manitou and rehabilitate the eroded creek banks.

Manitoulin Streams worked with the landowner on a remote watering project by installing two frost free nose pumps. The pumps were installed away from the creek to prevent water source contamination. The design of the pump prevents it from freezing during the winter and it includes a cement pad which prevents ground water contamination.

Volunteers from the LMAA assisted others from the Little Current Fish and Game Club and Manitoulin Streams to install cedar rail fencing which will restrict livestock access to the creek. In addition 358 trees were planted during the restoration of an eroded stream bank, enhancing the **riparian zone**.



**Nose pump on concrete pad**

## Website Update- submitted by Stan Salisbury

The LMAA web address at [lakemanitouarea.ca](http://lakemanitouarea.ca) has not changed, but we do have a new website created by [Mylaketown.com](http://Mylaketown.com). This system is used by many [other lake associations](#). As Mylaketown’s first Canadian client, they agreed to reconfigure the system to support Canadian addresses. A significant new feature is that LMAA members with administrative access can easily update the website. In addition, LMAA members who join the site will be able to communicate with other members, upload photos, contact Board members, post personal classified ads, upload announcements, and learn more about other LMAA members and their activities. More website features are available for our future use.

We continue adding content and encourage you to visit frequently to review the progress. For example, this and past newsletters can be viewed or downloaded from the site’s “Newsletters” page.

To gain access to the new features and help us build the LMAA website membership database, please log into the website and create your “Personal Profile.” Please [click here](#) to view the special tutorial video that Mylaketown created especially for LMAA members. You will be shown the steps on how to join the website. After joining the site, as a current LMAA member, you will have full use of all the site pages and features. Your Personal Profile cannot be viewed by the general public, but logged-in LMAA members can, unless you choose to hide all or part of your profile data from other members.

To learn more, click on the green “Get Started” button on the website [home page](#). That will take you to a set of short video tutorials on how to use various website features. For now, we recommend you only create your personal profile and delay creating your “Family Group” page.

If you can’t play or you choose not to watch the videos, just follow the steps below to join the website. You will need to join and login to the website to use features not available to the general public.

1. From the home page ([lakemanitouarea.ca](http://lakemanitouarea.ca)), click the green “Join Us!” button.
2. Fill out and submit the form. Mylaketown recommends using your first and last name (with no space between) as your “user name.”
3. Create a password of your choice (a combination of letters and numbers is recommended).
4. Except for phone numbers, all fields require entries.
5. Use your permanent home address, not your lake address. You will add your lake address to your “Personal Profile” after you have submitted the “Join Us” form.
6. Click the check box at the bottom of the form to accept the Mylaketown.com terms of agreement.
7. Enter the “Captcha” code displayed (If you have trouble reading the code, you can click the speaker icon hear the code).
8. Click the blue “Submit” button.
9. After five (5) seconds, you will be redirected to your Personal Profile page.
10. Enter your personal data, where desired, by clicking “edit” in the various entry boxes. Edit the address box to enter your lake address. (Click “save” in each box to save your entries).  
Note: before saving, you can make some of these entries private.
11. If you click “Change to Private” in the blue bar at the top of your profile, you can completely hide your profile from other LMAA members.
12. You may now visit other areas of the site or log out.
13. When you join, you will receive a “Welcome New Website Member” message in your email inbox.
14. **Finally, and this is important, please forward the welcome message** in your inbox to me at [salisbury@cox.net](mailto:salisbury@cox.net) so I can activate your account.

If you have any problems with joining, logging in, or any other questions about the new LMAA website, please email me.

Stan Salisbury, LMAA Website Administrator

## **Cottage Cuisine** submitted by LMAA members Estelle Payne & Lorene Martell

### Pumpkin Muffins

Yield:-24

#### Ingredients:

4 eggs	1 tbsp cinnamon
2 cups white sugar	2 tsp baking powder
1 ½ cups oil	2 tsp baking soda
1 ¾ cups pumpkin (small can)	1 tsp salt
3 cups all-purpose flour	2 cups raisins

#### Instructions:

Beat eggs slightly; add sugar, oil, pumpkin and beat thoroughly.

Add dry ingredients and mix until smooth.

Stir in raisins.

Fill greased muffin cups 2/3 full and sprinkle tops with brown sugar.

Bake 375 °F for 15-20 minutes.

### Paprika Cookies

1/2 Cup butter  
1/2 Cup all purpose flour  
3/4 Cup grated Cheese ( I use cheddar)  
1 Cup flour  
1 tsp. Hungarian paprika  
1/2 tsp. salt  
1/2 tsp. dry mustard  
1/2 Tbsp. poppy seeds  
Note: For a larger number of people, double the amounts.

Pre heat oven to 375.  
Mix butter and cheese together until soft.

Sift flour, paprika, salt and mustard together, add to butter and cheese.  
Beat until blended. Flour hands, roll teaspoon of mixture into balls.  
Place on greased baking pan, flatten a bit, sprinkle with poppy seeds.  
Bake 15 min. or until golden, then leave to cool.

### Oatmeal Cookies

1 Cup butter	1 1/2 Cups flour
1/2 Cup brown sugar	2 Cups Rolled Oats
1/2 Cup white sugar	1 Tbsp soda mixed with 4 Tbsp hot water
1 egg	1 Cup walnuts, or chocolate chips, or some of both
1 tsp. vanilla	

Cream butter and sugar, blend in egg and vanilla. Add dry ingredients.  
Drop by teaspoon, flatten a bit, bake on cookie sheet @ 325 x8 min.

## Member Notice Board

### **Death Notice:**

Jane Trestain of London Ontario passed on October 8, 2012. Jane was a long time seasonal resident of Eagles Nest on Lake Manitou and supporter of the LMAA. Our sympathies go out to the Trestain family.

### **Please keep your contact information up to date! If you have a change in mailing address or email address please forward to one of the following:**

Don Payne at [payne@interlog.com](mailto:payne@interlog.com) or Michael R. Costigan at [mikecostigan@hotmail.com](mailto:mikecostigan@hotmail.com)

### A reminder to members that submissions for any newsletter are always welcomed! Send submissions to [mikecostigan@hotmail.com](mailto:mikecostigan@hotmail.com) . Next newsletter...March 2013.



## LMAA: Directors, Officers, Committees, Coordinators, Lake Stewards

Title	Winter Address	Summer Address
<b>President:</b> Mike Costigan, Silver Bay Road Area	20 Muskoka Court Kitchener ON N2B 3M2 519-576-1912 <a href="mailto:patriciawilliamson39@gmail.com">patriciawilliamson39@gmail.com</a>	186 Franks Rd W. RR1 Site15 Comp3 Mindemoya ON P0P 1S0 705-377-6640
<b>Past President:</b> Peter Edward		
<b>Vice President:</b> Paul Moffatt Holiday Haven Area	Box 41 – 78 Heron Trail Manitowaning ON P0P 1N0 705-859-3362 <a href="mailto:herontrail@gmail.com">herontrail@gmail.com</a>	Same
<b>Secretary:</b> Effie Williamson Eagle's Nest Area	459 Sierra Dr Traverse City MI 49685 231-943-8333 <a href="mailto:Litemetals@yahoo.com">Litemetals@yahoo.com</a>	53C L&J Ln One RR2 Manitowaning ON P0P 1N0 705-859-3559
<b>Treasurer:</b> Don Payne Silver Bay Road Area	35 Christman Court Markham ON L3P 3C7 905-294-4819 <a href="mailto:payne@interlog.com">payne@interlog.com</a>	162 Franks Rd W. RR1 Site15 Comp 6 Mindemoya ON P0P 1S0 705-377-5284
<b>Director:</b> Jim Booth Eagle's Nest Area	32 Gloucester Court Sudbury ON P3E 5N5 705-673-6684 <a href="mailto:boothj@vianet.ca">boothj@vianet.ca</a>	327 Wilton Trail Manitowaning ON P0P 1N0 705-561-5919
<b>Director:</b> Rob Chown Holiday Haven Area	125 Merrygale Dr. Sudbury ON P3E 6K5 705-670-9365 <a href="mailto:robert.chown@rbc.com">robert.chown@rbc.com</a>	124 Loon Lane Manitowaning ON P0P 1N0 705-859-3859
<b>Director &amp; Newsletter Coordinator:</b> Michael R Costigan Eagle's Nest Area	4 Nuttal St Cambridge ON N2C 4J3 519-654-7324 <a href="mailto:mikecostigan@hotmail.com">mikecostigan@hotmail.com</a>	91 L&J Lane One RR2 Manitowaning ON P0P 1N0 705-859-2705
<b>Director:</b> John Coulter Rockville Area	3380 Military St Port Huron MI 48060 810-987-7527 <a href="mailto:coulterslanding@comcast.net">coulterslanding@comcast.net</a>	54 Manitou Haven Trail RR1 Mindemoya ON P0P 1S0 705-377-4709
<b>Director:</b> Joel Dwyer Rockville Area	504 South Lebanon Bryan OH 43506 419-636-4487 <a href="mailto:jcdwyer@cityofbryan.net">jcdwyer@cityofbryan.net</a> <a href="mailto:jcdwyer@amtelecom.net">jcdwyer@amtelecom.net</a>	220-D Demmy's Rd RR1 Site5 Comp13 Mindemoya ON P0P 1S0 705-377-7339
<b>Director:</b> Bruce Fraser Holiday Haven Area	30 Cobalt St Box 401 Copper Cliff ON P0M 1N0 705-682-0953 <a href="mailto:brucefbdm@gmail.com">brucefbdm@gmail.com</a>	148 Heron Trail Manitowaning ON P0P 1N0 705-665-6012
<b>Director:</b> Mark Harvey Silver Bay Road Area	16 Varsity Ave. Sault Ste. Marie ON P6A 5T8 705-949-1515 <a href="mailto:mharvey102@hotmail.com">mharvey102@hotmail.com</a>	156 Johnston Rd RR1 Mindemoya ON P0P 1S0 705-377-5269
<b>Director:</b> Alex Lochead Sandfield –Tehkummah Area	38 - 9 Cadeau Court London ON N6K 4T5 519-473-0597 <a href="mailto:jaloche@hotmail.com">jaloche@hotmail.com</a>	15 Lyons Lane Box 9 RR3 Tehkummah ON P0P 2C0 705-859-3505
<b>Director:</b> Steve Mann Rockville Area	51 Donnybrook Rd London ON N5X 3C7 519-661-0004 <a href="mailto:stephen.mann@sympatico.ca">stephen.mann@sympatico.ca</a>	220A Demmys Road Mindemoya ON P0P 1S0 705-377-7950
<b>Director:</b> Mike Thompson Holiday Haven Area	153 Old Mill Trail Manitowaning ON P0P 1N0 705-859-2423 <a href="mailto:michael_nancy_manitou@hotmail.com">michael_nancy_manitou@hotmail.com</a>	Same
<b>Education Committee:</b> Pat Costigan Mary Lochead (Advisor) John Harvey	See above <a href="mailto:patriciawilliamson39@gmail.com">patriciawilliamson39@gmail.com</a> <a href="mailto:jaloche@hotmail.com">jaloche@hotmail.com</a> <a href="mailto:thorajohn1@rogers.com">thorajohn1@rogers.com</a>	Phone: 705-377-6640 ,519-576-1912 705-859-3505, 519-473-0597 705-377-5269, 519-537-2996
<b>Map Coordinator:</b> John Harvey	661 Lansdowne Ave Woodstock ON N4T 1K3 519-537-2996 <a href="mailto:Thorajohn1@rogers.com">Thorajohn1@rogers.com</a>	156 Johnston Rd RR1 Mindemoya ON P0P 1S0 705-377-5269
<b>Lake Stewards:</b> Rob Coulter – Rockville Area David Kains – Gibraltar Area Marcus Mohr – Windfall Lake Area Mike Thompson – Holiday Haven Area	Email: <a href="mailto:rgcoulter@sbcglobal.net">rgcoulter@sbcglobal.net</a> <a href="mailto:isleaway@gmail.com">isleaway@gmail.com</a> <a href="mailto:mmohr_ca@hotmail.com">mmohr_ca@hotmail.com</a> <a href="mailto:michael_nancy_manitou@hotmail.com">michael_nancy_manitou@hotmail.com</a>	Phone: 705-377-4709, 248-852-2574, 248-217-5618 705-377-6041 705-377-7898 705-859-2423